CAPITAL MARKETS TRADING COURSE™



CMTC FOR DUMMIES

The Ultimate Beginner's Guide to Glory

Discover The CMTC Way at its Foundations

By Mazwi Magagula, BCOM, CMSA · The Financial Wizard™

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Disclaimer

Trading Involves Substantial Risk of Loss

This educational material is provided for informational purposes only and is not financial advice, investment advice, or a recommendation to buy or sell any financial instrument.

Trading foreign exchange and derivatives on margin carries a high degree of risk and is not suitable for all investors. You may lose more than your initial investment.

Past performance is not indicative of future results. The information, strategies, and examples in this guide are educational tools based on market principles and do not guarantee profit or protection against loss.

Before trading, ensure you understand the risks and have adequate capital to withstand losses. Consult a licensed financial advisor if needed.

By using the strategies in this guide, you acknowledge that you have read, understood, and accepted these risks.

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INTRODUCTION

The Harsh Truth

You opened MetaTrader 4 this morning. Your heart was racing.

Maybe you watched a YouTube video. Maybe a friend told you about that guy who made $10K in a week. Maybe you just *knew* — just knew — that you had what it takes to make money in the markets.

Here's the brutal truth: **most beginners lose money, and many blow their first account within weeks.** Brokers' own risk warnings show that the majority of retail accounts trading leveraged products lose money.

Not because the market is rigged. Not because they're unlucky. But because they walk in like tourists at a casino, thinking the rules don't apply to them.

If You're a Chancer, Stop Here

If you're here because you want to turn $100 into $1,000 this week, close this book now.

If you think the market owes you money because you "deserve" financial freedom, you're wasting your own time and mine.

If you're looking for a secret loophole or a magic indicator that never fails, stop scrolling. **It doesn't exist. It never will.**

> ### The Chancers Will Quit
>
> They'll realise this requires actual work, actual study, and actual discipline. They'll go back to scrolling for the next "get rich quick" scheme. And the market will continue extracting their capital, dollar by dollar, trade by trade.

But If You're the One...

If you're willing to sit in the trenches, study like your future depends on it, and **pay the full cost in blood, sweat, and screen time** —

If you understand that **there are no shortcuts to authentic success**, only shortcuts to failure —

If you're ready to pay the full cost and earn your glory the hard way —

Then welcome. Your real education starts now.

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CHAPTER 1 · WEEK 1 FOUNDATIONS

Lecture 1: The Brutal Realities Nobody Tells You

Before you place a single trade, you need to understand what you're actually stepping into.

Trading is not a job. It's not passive income. It's not something you do on the side while scrolling Instagram.

Trading is *warfare.* And like any war, most soldiers don't make it home.

What Trading Actually Is

At its simplest: **trading is exchanging one currency for another, hoping the exchange rate moves in your favour.**

You buy EURUSD at 1.0850, hoping it rises to 1.0900. If it does, you sell and pocket the difference. That's it.

But the simplicity is a lie. The "why" it moves, the "when" it's about to move, and the "how much" it will move are not simple questions. If you don't know the answers, the market will take your capital like a thief in the night.

The Parties Involved

You (the retail trader) — sitting at your desk with $500 or $5,000, hoping to make a living from home.

The broker (HFM, formerly HotForex, and others) — provides the platform (MT4) and liquidity, and earns from the spread and commissions on every trade you place.

The institutions (banks, hedge funds, algorithmic traders) — the *real players.* They move billions, with decades of data, sophisticated algorithms, and direct market access. **They are the smart money.**

You are playing in their game. On their field. By their rules.

Why Most Fail Before They Begin

Most beginners lose money because they skip the foundation. The ones who survive:

- Study before they trade
- Paper trade before they risk real money
- Follow a system, not their gut
- Risk small amounts they can afford to lose
- Treat every trade like a calculated military operation

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CHAPTER 1 · WEEK 1 FOUNDATIONS

Lecture 2: Understanding Critical Basics

MetaTrader 4, Currency Pairs, and the Eternal Question: Buy or Sell?

Open MetaTrader 4. This is your battlefield.

The MT4 Interface: Know Your Weapons

- **Menu Bar (top):** File, View, Insert, Charts, Tools, Window, Help
- **Toolbar (below menu):** Quick-access buttons. The important one: **New Order**
- **Market Watch (left panel):** All available currency pairs — EURUSD, GBPUSD, AUDUSD
- **The Chart (centre):** Price history visualised in candlesticks
- **Terminal (bottom):** Open trades, trade history, and account balance

What Is a Currency Pair?

Two currencies traded against each other. **EURUSD** = Euro vs US Dollar. If you buy EURUSD at 1.0850, you're buying 1 Euro for 1.0850 US Dollars.

The first currency is the **base currency.** The second is the **quote currency.**

Understanding Pips and Lots

Pip ("percentage in point") — the standard unit of price movement: 0.0001 for most pairs, 0.01 for JPY pairs.

Lot — your position size (how much currency you're trading). For pairs quoted in USD, such as EURUSD:

- **Micro lot (0.01)** = 1,000 units ≈ $0.10 per pip
- **Mini lot (0.10)** = 10,000 units ≈ $1 per pip
- **Standard lot (1.00)** = 100,000 units ≈ $10 per pip

As a beginner, you'll trade **micro lots** on your demo account.

PROGRAM FINDER

Not sure which programme fits you?

Answer a few questions with the **Program Finder** on mazwistar.com and see where to start, based on your level and goals.

Try the Program Finder

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CHAPTER 1 · WEEK 1 FOUNDATIONS

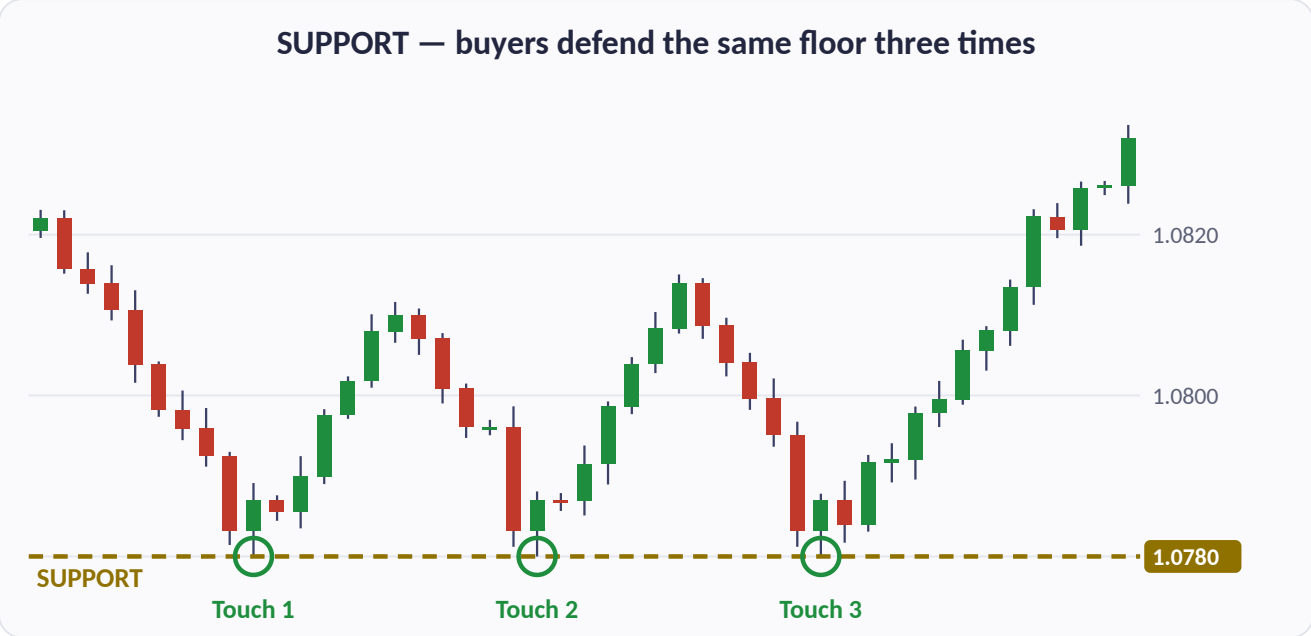
Lecture 3: Support vs Resistance

The Battle Lines of Price Action

These are the two most important concepts in technical analysis. If you understand nothing else, understand this.

What Is Support?

Support is a price level where buyers step in and push price back up. Think of it as a floor.

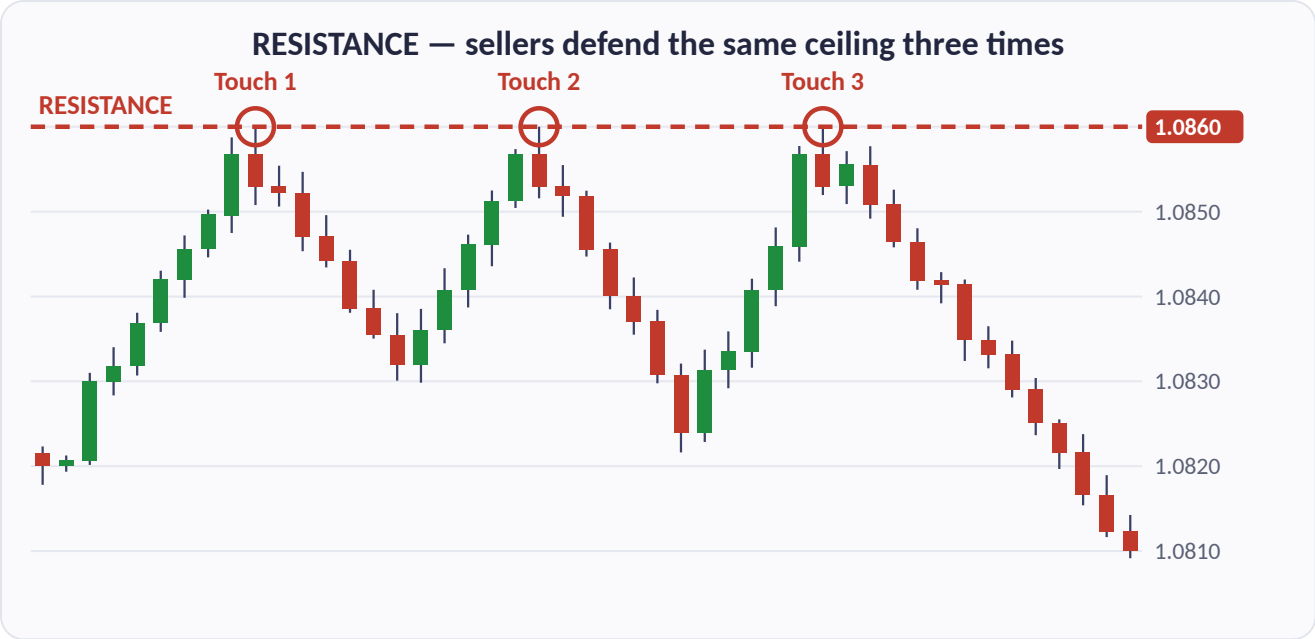


Price falls to 1.0780 three times. Each time a bullish candle rejects the level and closes back above it — no candle trades below support.

What Is Resistance?

Resistance is a price level where sellers step in and push price back down. Think of it as a ceiling.

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Price rallies to 1.0860 three times. Each time a bearish candle rejects the level and closes back below it — no candle trades above resistance.

Why Do These Levels Matter?

Because **the market remembers.** When price has turned at a level several times, thousands of traders are watching it. The next time price approaches, they're waiting and ready to act.

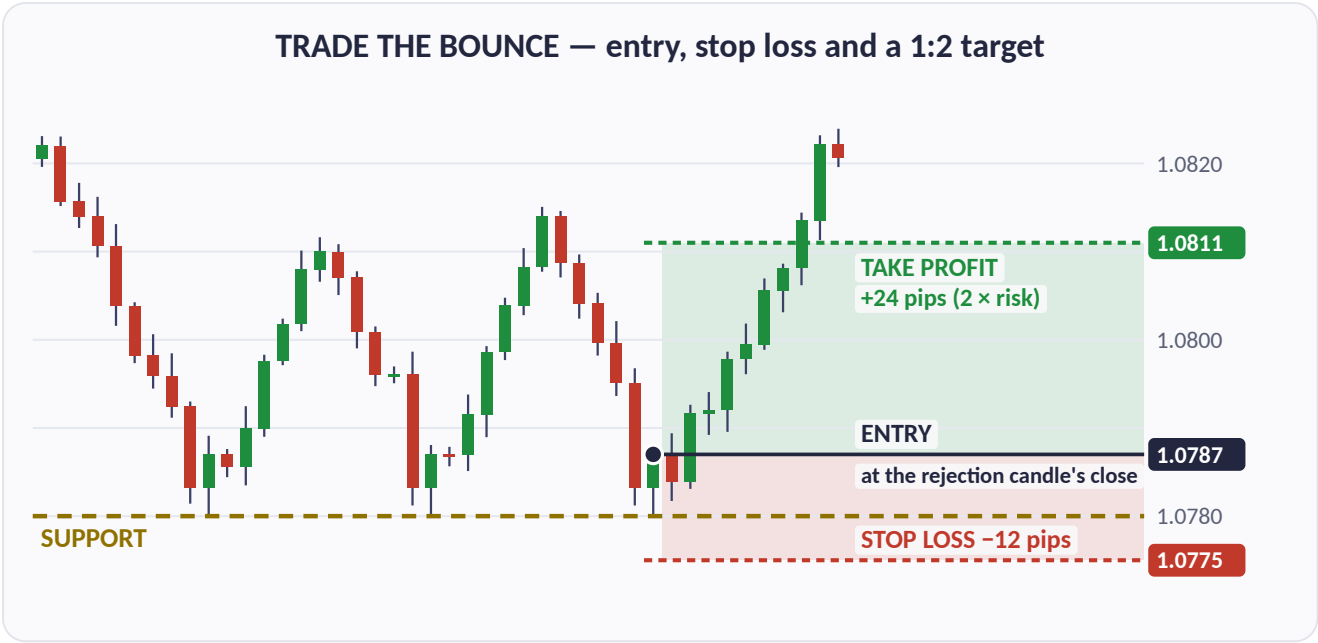
Core Rule

Support and resistance are where decisions happen. When price approaches these levels, expect a bounce or a breakout. Your job is to be ready for either.

The Basic Strategy: Trade the Bounce

1. **Identify support or resistance** on a daily or 4-hour chart
2. **Wait for price to approach that level** (within 5–10 pips)
3. **Buy when a bullish rejection candle closes just above support**, or **sell when a bearish rejection candle closes just below resistance**
4. **Place your stop loss** a few pips beyond the level
5. **Set your take profit** at 2–3 times your risk

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Entry at the close of the third rejection candle, stop loss 5 pips below support (12 pips of risk), take profit at 2 × risk (+24 pips). Price reaches the target without touching the stop.

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CHAPTER 1 · WEEK 1 FOUNDATIONS

Lecture 4: Chart Patterns & Reversals

Candlesticks, W & M Formations

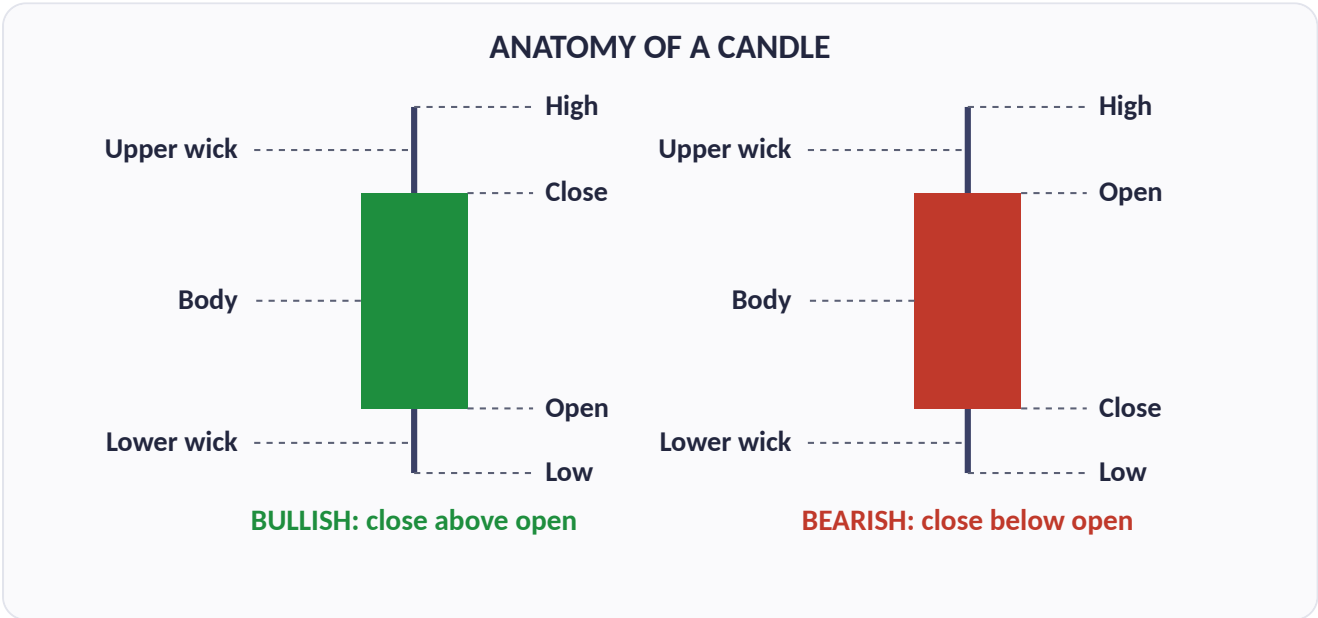
Price doesn't move randomly. It moves in patterns. Once you understand them, you'll start to read the market's intentions.

Types of Charts

- **Line chart:** A line connecting closing prices. Basic.
- **Bar chart:** Shows open, high, low, and close.
- **Candlestick chart:** The standard, and the one **you'll use 100% of the time.**

Understanding Candlesticks

- **The body:** the distance between open and close. **Green (bullish)** = closed higher than it opened; **red (bearish)** = closed lower.
- **The wicks:** the highest and lowest prices reached during the period.

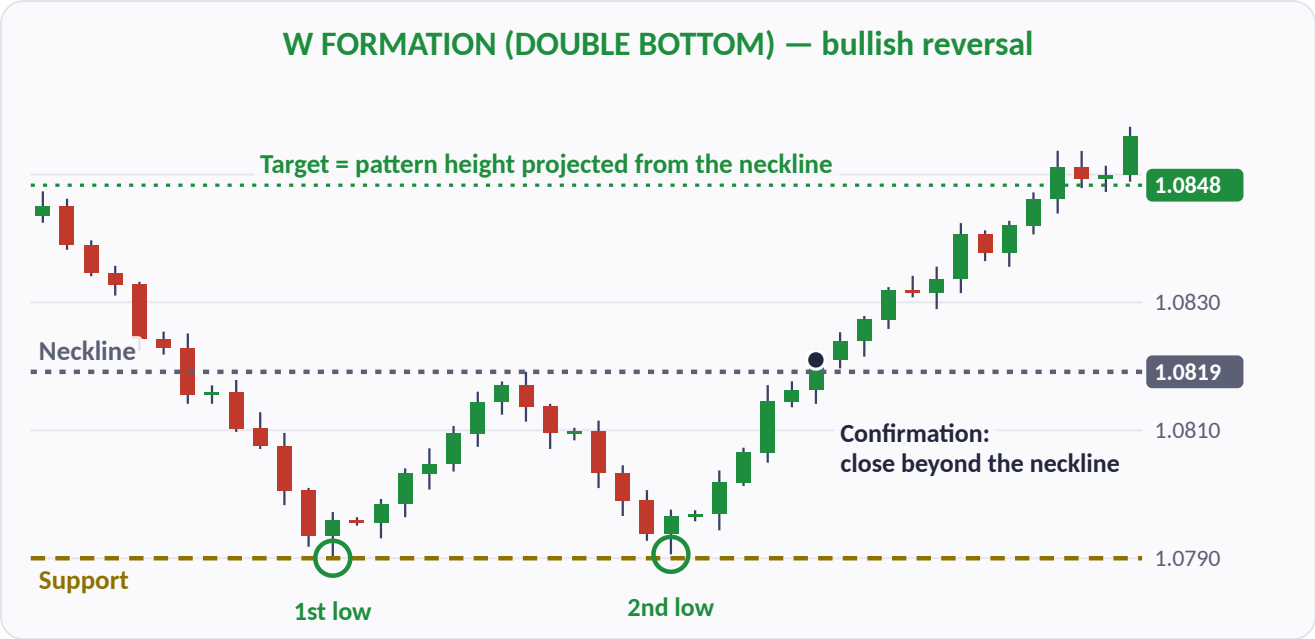


On a bullish candle the open is at the bottom of the body; on a bearish candle it is at the top. The wicks always mark the period's high and low.

W Formation (Double Bottom)

Price makes two lows at roughly the same level, separated by a bounce. Sellers tried twice and failed twice. **Bullish reversal signal** — confirmed only when a candle **closes above the neckline** (the high between the two lows). A common target is the pattern's height projected up from the neckline.

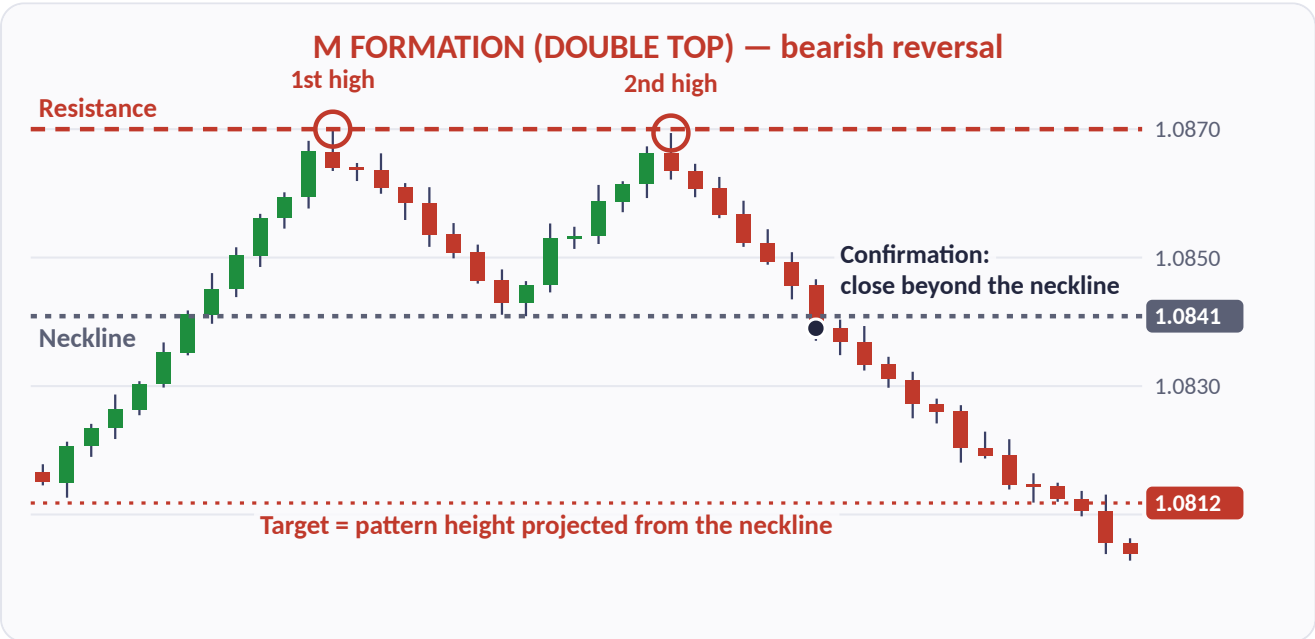
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Two lows at the same level, then a close above the neckline (the high between the lows) confirms the reversal. The measured-move target projects the pattern's height above the neckline.

M Formation (Double Top)

Price makes two highs at roughly the same level, separated by a dip. Buyers tried twice and failed twice. **Bearish reversal signal** — confirmed only when a candle **closes below the neckline** (the low between the two highs). A common target is the pattern's height projected down from the neckline.



Two highs at the same level, then a close below the neckline (the low between the highs) confirms the reversal. The target projects the pattern's height below the neckline.

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Core Rule

W formations form at support. M formations form at resistance. When a W holds support and breaks its neckline, look to BUY. When an M holds resistance and breaks its neckline, look to SELL.

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CHAPTER 1 · WEEK 1 FOUNDATIONS

Lecture 5: Trade Execution Mastery

From Analysis to Action

You can analyse the market perfectly, but if you can't execute correctly on MetaTrader 4, your analysis is worthless.

The Two Ways to Enter

Market execution: Buy or sell immediately at the current market price.

Pending order: Set a price (e.g. 1.0850) and the trade opens automatically when price reaches it. MT4 offers four types — Buy Limit, Sell Limit, Buy Stop, Sell Stop. For now, focus on market execution; we'll master pending orders later.

The Order Window: Every Field Explained

- **Symbol:** which currency pair (EURUSD, AUDUSD, etc.)
- **Volume:** position size. Start with 0.01 (one micro lot)
- **Type:** Market Execution or Pending Order
- **Stop Loss:** CRITICAL. The price at which you accept you were wrong
- **Take Profit:** CRITICAL. Your target price
- **Sell / Buy buttons:** your direction

Sacred Rule

Every order must have:

★ Correct symbol
★ Position size (0.01 micro lots)
★ Direction (buy or sell)
★ Stop loss
★ Take profit

If ANY of these is missing, DO NOT EXECUTE.

Step-by-Step: Opening Your First Trade

1. Open MetaTrader 4
2. Right-click EURUSD in Market Watch and select "New Order"

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3. Verify Symbol: EURUSD
4. Set Volume: 0.01
5. Set Stop Loss: 20–30 pips away from entry
6. Set Take Profit: 40–60 pips away from entry
7. Review everything one final time
8. Click "Buy by Market" or "Sell by Market"

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CHAPTER 1 · WEEK 1 FOUNDATIONS

Week 1 Tasks & Submission

Before moving to Week 2, complete all 6 tasks.

Task 1: Identify Support on EURUSD

Open EURUSD on the 4-hour chart. Find at least 2 levels where price has bounced UP. Draw horizontal gold lines. Take a screenshot.

Task 2: Identify Resistance on AUDUSD

Open AUDUSD on the 4-hour chart. Find at least 2 levels where price has turned DOWN. Draw horizontal lines. Take a screenshot.

Task 3: Mark Buying and Selling Points

Mark where you WOULD buy (above support) and WOULD sell (below resistance). Green circles for buys, red for sells.

Task 4: Spot W and M Formations

Find at least one W formation on EURUSD and one M formation on AUDUSD. Label them clearly.

Task 5: Screenshot the Order Window

Open the New Order window. Fill in sample parameters. Label every field. DO NOT EXECUTE.

Task 6: Open a Demo Account

Open a free demo account with HFM (hfmarkets.com) or another regulated broker. Download MT4, log in, and screenshot your dashboard.

Week 1 Completion Checklist

If you have not completed all 6 tasks, you are not ready for Week 2. The chancers will skip this. The warriors will have it done by the end of Day 5.

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CLARITY CALL

Stuck on a task? Talk it through.

Book a **clarity call** with the Financial Wizard to get unstuck, and to see which Mazwistar programme matches where you are.

Book a clarity call

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CHAPTER 2 · WEEK 2 MARKET LANGUAGE

Lecture 1: Trends and Trendlines

The Direction of Money

Last week you learned that price moves in patterns. This week: **price moves in directions called trends.**

The Three Trend Types

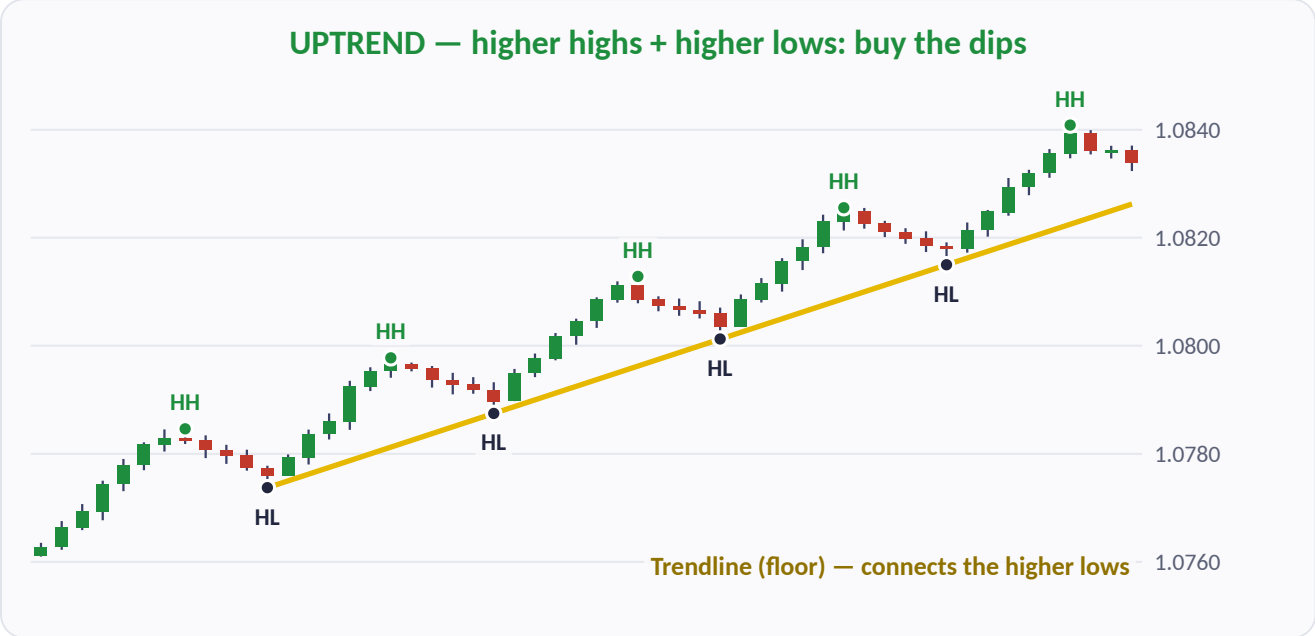
1. Uptrend (bullish): higher highs and higher lows. Buyers are in control — you **buy dips.**

2. Downtrend (bearish): lower highs and lower lows. Sellers are in control — you **sell rallies.**

3. Sideways (range): price oscillates between support and resistance — you **trade the range.**

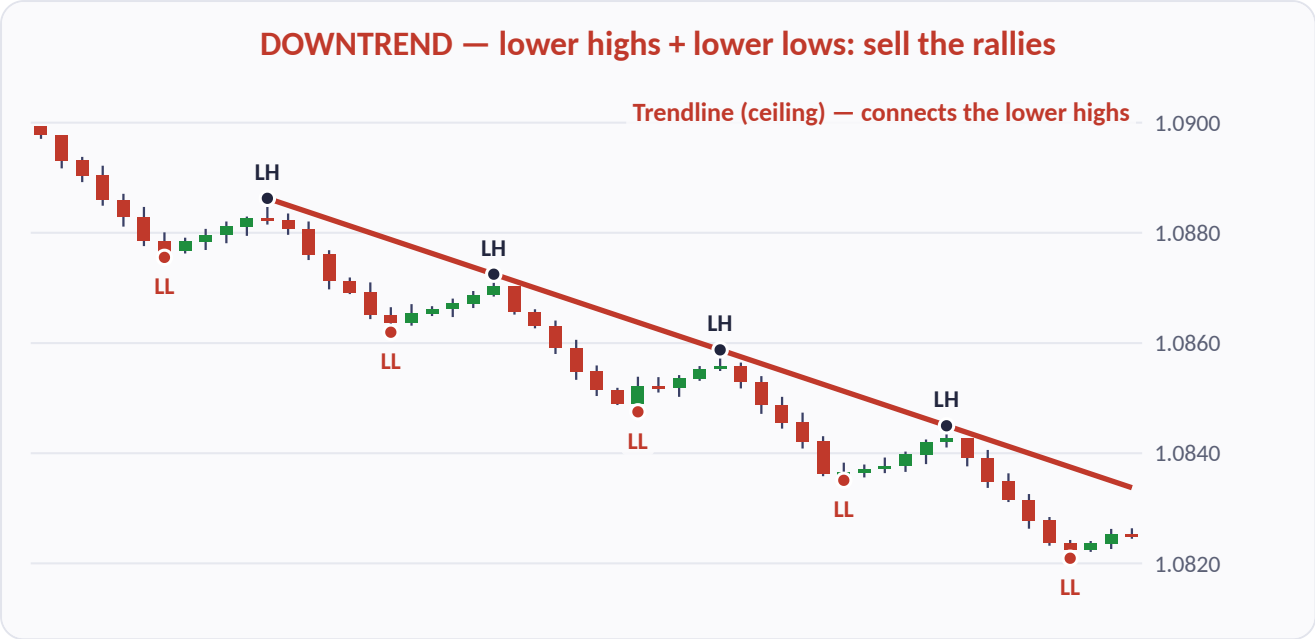
Identifying Trends Visually

Open a daily chart and look at the last 60 days. Up and to the right: uptrend. Down and to the right: downtrend. Bouncing left to right: sideways.



HH = higher high, HL = higher low. The trendline joins the higher lows; no candle trades below it.

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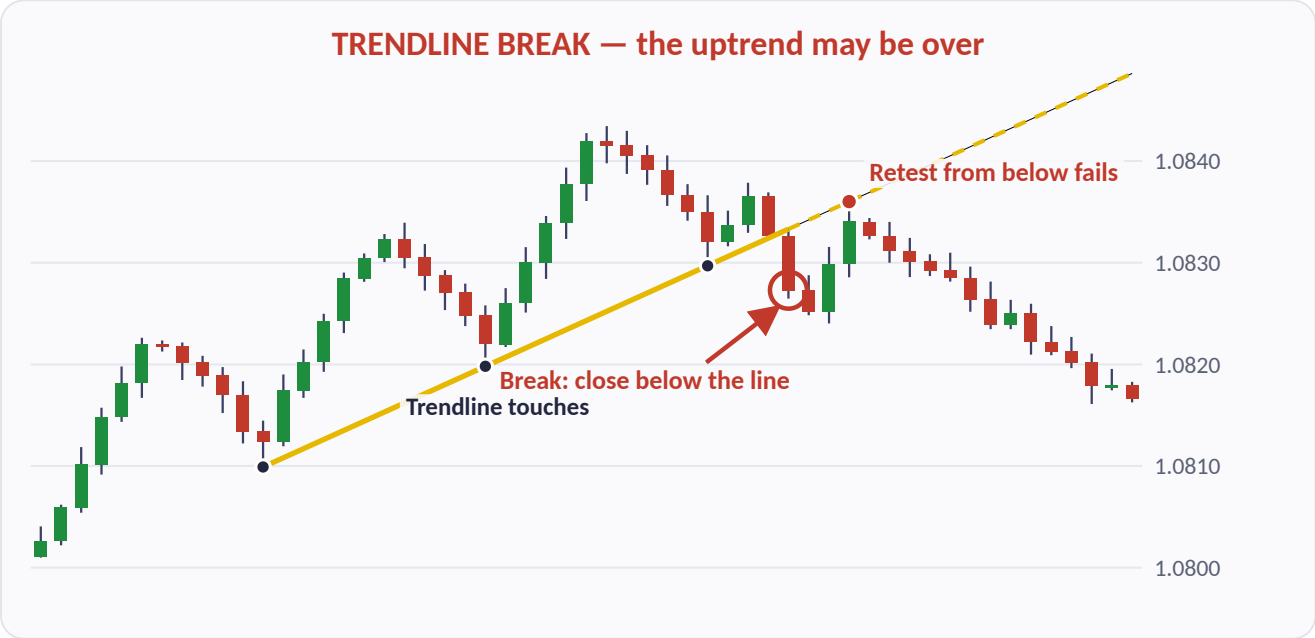


LH = lower high, LL = lower low. The trendline joins the lower highs; no candle trades above it.

Drawing Trendlines

Uptrend: connect at least two rising lows — the floor. **Downtrend:** connect at least two falling highs — the ceiling. A third touch confirms the line.

When a trendline breaks with a strong close beyond it, the trend may be reversing — often a major trade signal.



After three touches, a bearish candle closes below the trendline. Price retests the broken line from below, fails, and goes on to make lower highs and lower lows.

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The Trend Rule

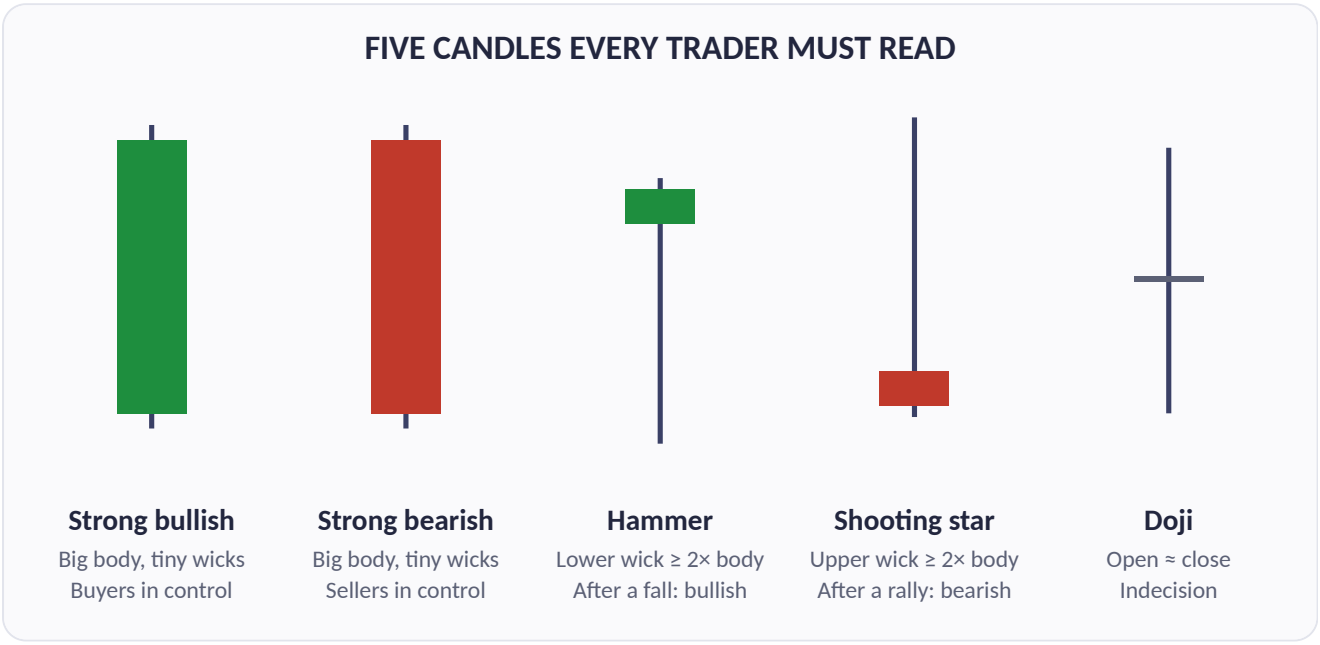
The trend is your friend. Trade WITH the trend, not against it. In an uptrend, buy dips. In a downtrend, sell rallies. Fighting the trend is how accounts get blown.

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CHAPTER 2 · WEEK 2 MARKET LANGUAGE

Lecture 2: Candlesticks – The Market's Native Tongue

Candlesticks are not just pretty shapes. They are **price action commentary** — each one tells the story of the battle between buyers and sellers.



Drawn to the textbook definitions: hammer and shooting-star wicks are at least twice the body; the doji's open and close are almost equal.

Strong Bullish Candle

Large green body, tiny wicks. **Signal: strong buying pressure.**

Strong Bearish Candle

Large red body, tiny wicks. **Signal: strong selling pressure.**

Hammer

Small body at the top, a lower wick at least twice the size of the body, and little or no upper wick, appearing after a decline. Sellers pushed hard, but buyers rescued it. **Signal: potential bullish reversal.** (The same shape at the top of an uptrend is called a *hanging man* — a bearish warning.)

Shooting Star

Small body at the bottom, an upper wick at least twice the size of the body, and little or no lower wick, appearing after a rally. Buyers pushed hard, but sellers crushed it. **Signal: potential bearish reversal.**

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Doji

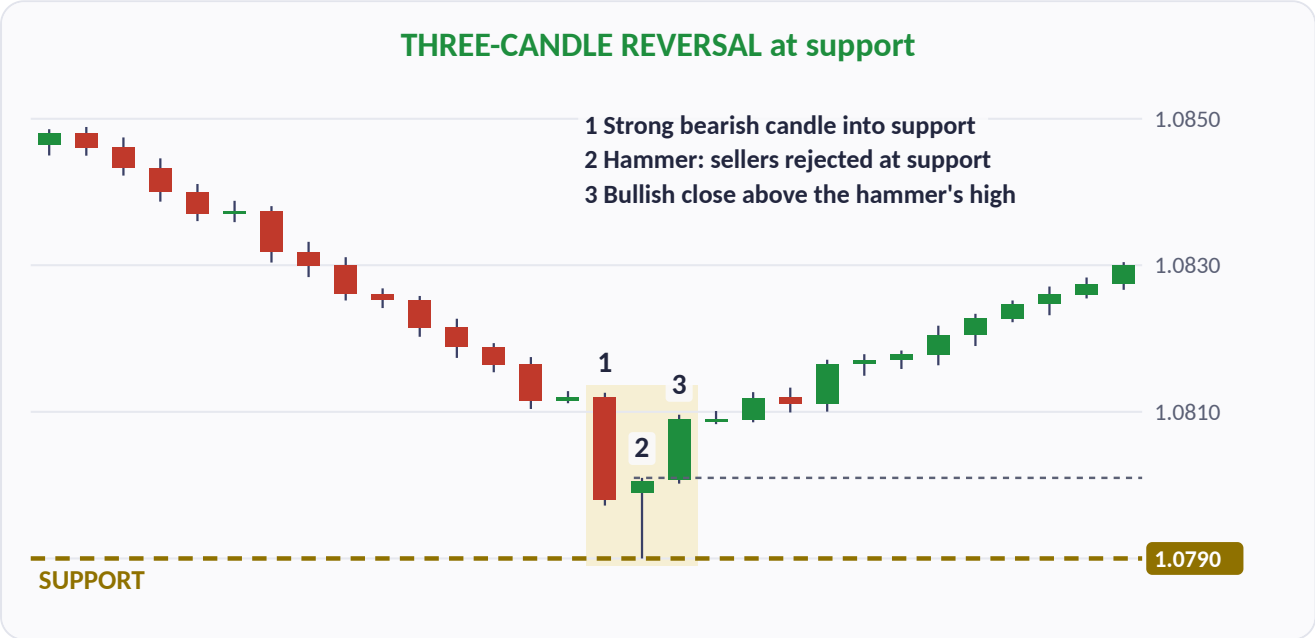
Almost no body, wicks on both sides. Perfect indecision. **Signal: momentum is stalling — a reversal may follow, so wait for the next candle to confirm.**

Candlesticks in Context

A bullish candle in the middle of an uptrend is normal. The same candle at a major resistance level, followed by a shooting star, is a warning. **Context is everything.**

The Three-Candle Reversal

Strong momentum → reversal candle → confirmation candle in the opposite direction. **When you see this at a key level, you have a high-probability setup.**



1: a strong bearish candle drives into support. 2: a hammer's long lower wick shows sellers were rejected. 3: a bullish candle closes above the hammer's high — the confirmation.

Candlestick Mistakes

Mistake #1: Trading single candles. One big candle does NOT mean trade.

Mistake #2: Ignoring wicks. A green candle with a huge upper wick is showing selling pressure.

Mistake #3: Confusing timeframes. The 1-minute chart is noise. The 4-hour chart is significant.

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CHAPTER 2 · WEEK 2 MARKET LANGUAGE

Lecture 3: Indicators – Your Early Warning System

Moving Averages and How to Use Them

Indicators are **tools, not crystal balls.** They don't predict the future; they summarise the past and present. For beginners: **less is more.**

The 50-Period Exponential Moving Average (EMA)

A line that follows price, showing the average of the last 50 periods with extra weight on the most recent ones.

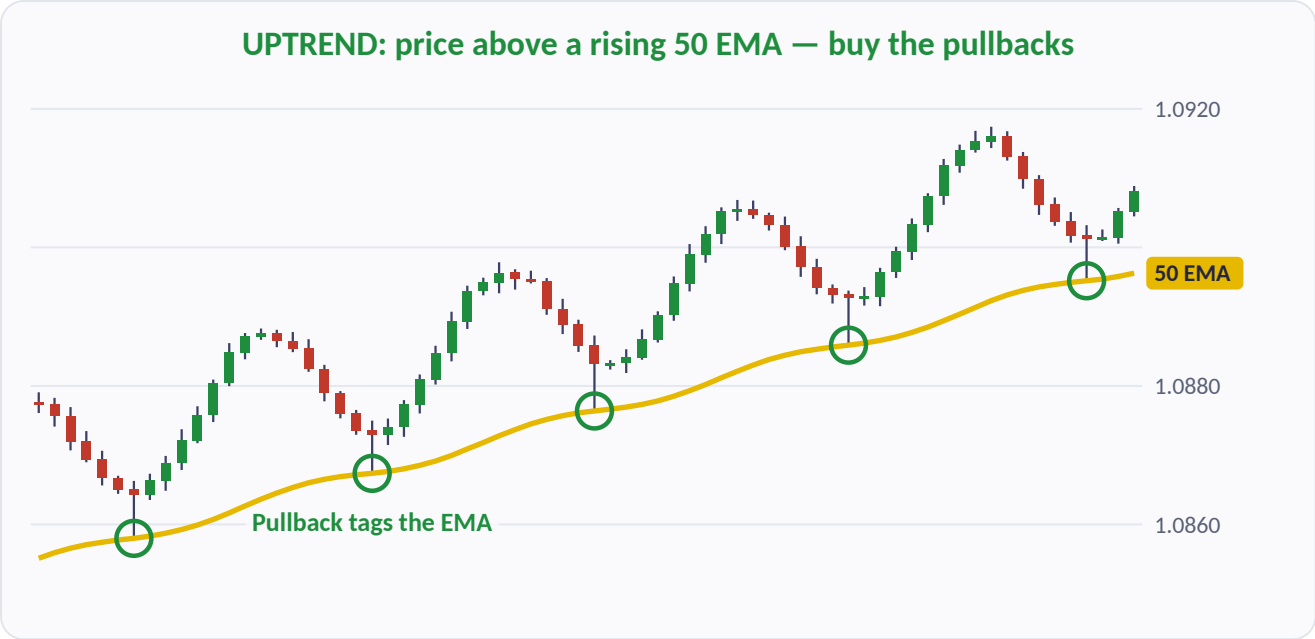
Adding it in MT4:

1. Insert → Indicators → Trend → Moving Average
2. Period: 50
3. MA method: Exponential
4. Click OK

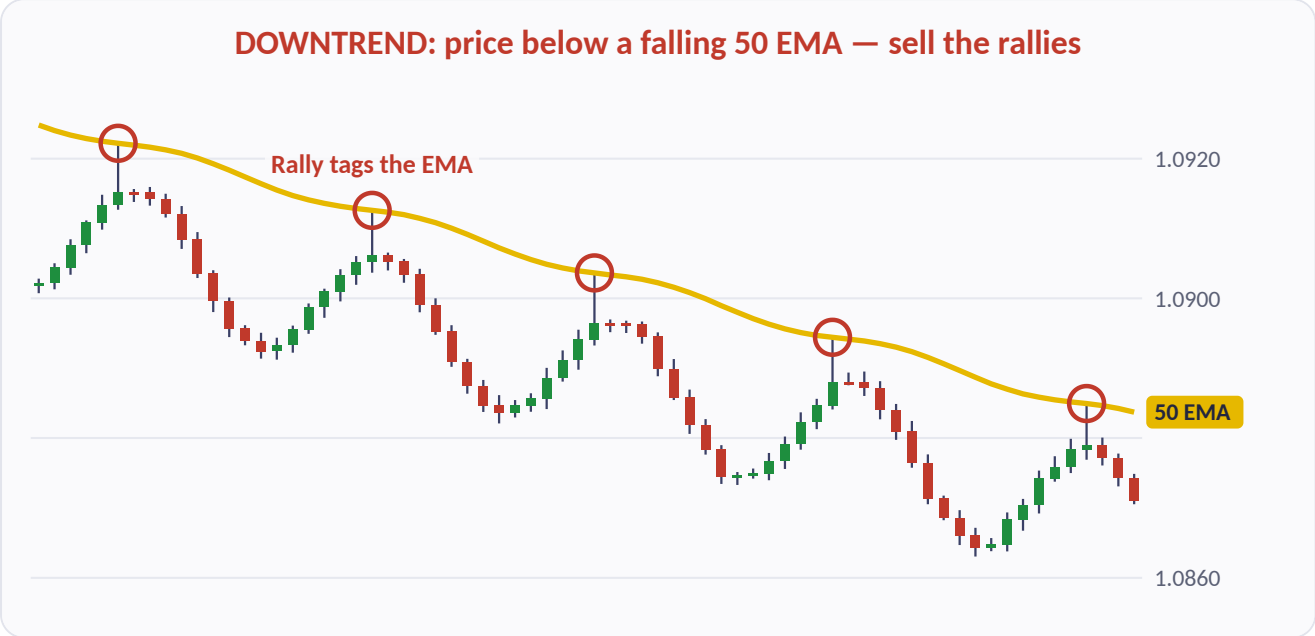
Reading the 50 EMA

- Price **ABOVE** the 50 EMA → trend bias is **UP**
- Price **BELOW** the 50 EMA → trend bias is **DOWN**
- Price pulls back to the 50 EMA and bounces → potential entry in the trend direction
- Price closes decisively through the 50 EMA → potential trend change

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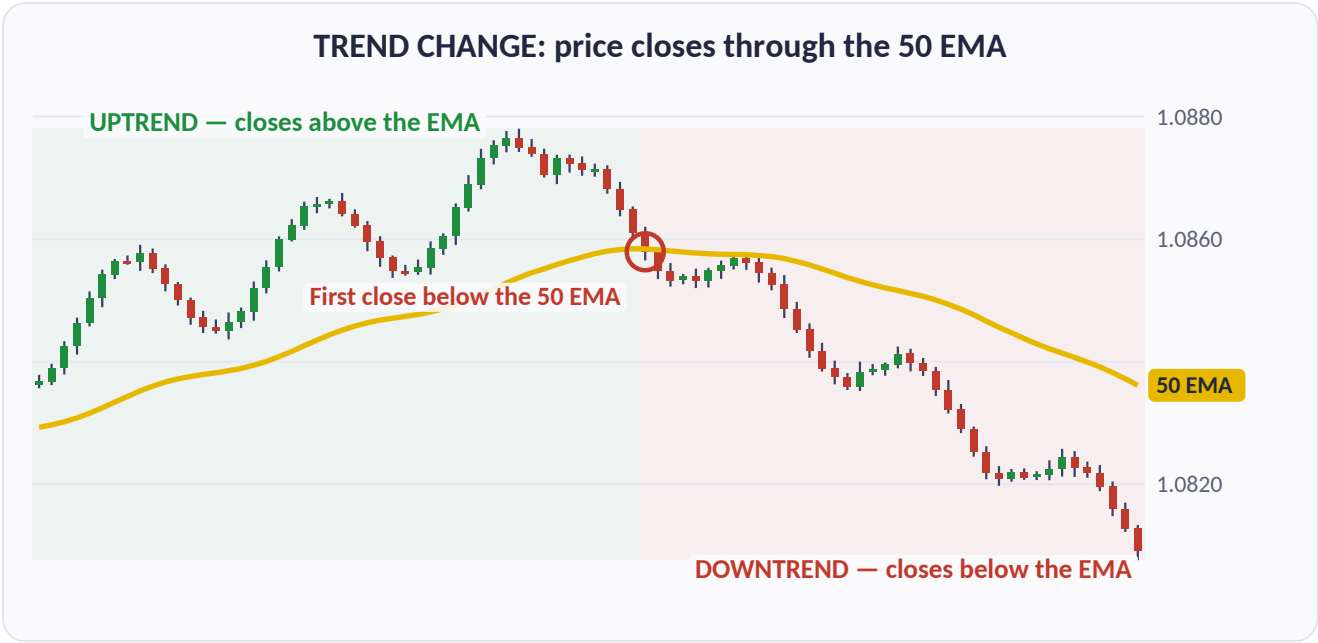


Calculated 50-period EMA. Every candle body stays above the rising EMA; the circled pullbacks touch it and turn back up.



Calculated 50-period EMA. Every candle body stays below the falling EMA; the circled rallies touch it and turn back down.

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Every close is above the 50 EMA until the first bearish close below it — after that, every close stays below and the EMA rolls over.

The Indicator Rule

Indicators confirm your analysis; they do NOT replace price action. First identify support, resistance, and trend. Then use the indicator to confirm. If price action and the indicator disagree, trust price action.

CMTC SELF STUDY

Go deeper, at your own pace

Trends, candlesticks and the 50 EMA are just the start. **CMTC Self Study** lets you work through the CMTC material on your own schedule.

Explore CMTC Self Study

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CHAPTER 2 · WEEK 2 MARKET LANGUAGE

Week 2 Tasks & Submission

Complete all 6 tasks to master Week 2.

Task 1: Identify an Uptrend and a Downtrend on EURUSD

Daily chart, 60–90 day lookback. Find a clear uptrend and a clear downtrend. Draw trendlines on both and label them.

Task 2: Identify Reversal Patterns

4-hour chart, 30 days back, any pair. Spot at least 2 reversal patterns. Label each and mark the move that followed with arrows.

Task 3: Which Pattern Was Easiest?

Write 3–4 sentences: which pattern was easiest to spot, why, and where you typically see it.

Task 4: Insert the 50 EMA

EURUSD 4-hour chart. Add the 50 EMA. Screenshot. Write: is price above or below, and what does that tell you about the trend?

Task 5: Execute a Demo Trade Using 50 EMA + S/R

Find confluence: trend confirmed by the 50 EMA + a support/resistance level + an entry signal. Place a demo trade at 0.01 lots. Screenshot the terminal and chart and document your analysis.

Task 6: Review Your First Trade

Let the trade run up to 3 days or until it closes. Screenshot the result and write a review: win or loss, what you learned, and whether you'd take the same setup again.

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By the End of Week 2 You Will Have

- ★ Working knowledge of trends, candlesticks, and indicators
- ★ Hands-on experience reading charts
- ★ Your first trades executed on demo
- ★ A trade journal documenting your journey



CMTC · PRIVATE ONE-ON-ONE

Want your trades reviewed by a mentor?

The full **Capital Markets Trading Course** is private, one-on-one training with Mazwi — your charts, your mistakes, your progress.

Enquire about CMTC

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CHAPTER 3 · YOUR 14-DAY ACTION PLAN

Days 1–5: Foundation Phase

Day 1 · Market Basics & MT4 Orientation (≈ 2.75 hrs)

Morning (1 hr): Reread Lectures 1 & 2. Explore the MT4 interface.

Afternoon (1.5 hrs): TASK — Identify support on EURUSD. Save a screenshot.

Evening (15 min): Reflect: what was easiest today? What was confusing?

Day 2 · Resistance & Entry Points (≈ 3 hrs)

Morning (1 hr): Reread Lecture 3.

Afternoon (1.5 hrs): TASK — Identify resistance on AUDUSD. Save a screenshot.

Evening (30 min): For each level, write: "If price bounces here, I would buy/sell at [PRICE]."

Day 3 · Chart Patterns & Formations (≈ 3 hrs)

Morning (1 hr): Reread Lecture 4.

Afternoon (1.5 hrs): TASK — Spot W formations on EURUSD and M formations on AUDUSD.

Evening (30 min): For each formation, predict UP or DOWN. Check again in 5 days.

Day 4 · Execution Mastery (≈ 3.5 hrs)

Morning (1 hr): Reread Lecture 5. Memorise the order window.

Afternoon (2 hrs): TASK — Screenshot the order window and label every field. DO NOT EXECUTE.

Evening (30 min): Practise opening and closing the order window until it's second nature.

Day 5 · Account Setup & Consolidation (≈ 3.5 hrs)

Morning (1 hr): Reread all Week 1 lectures and review your screenshots.

Afternoon (1.5 hrs): TASK — Open your demo account, install MT4, and screenshot it.

Evening (1 hr): Write a summary of everything you learned in Week 1.

End of Week 1 Achievement

- ★ Understanding of market basics
- ★ Ability to identify support & resistance
- ★ Recognition of chart patterns
- ★ Knowledge of MT4 execution
- ★ Demo account ready to trade

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CHAPTER 3 · YOUR 14-DAY ACTION PLAN

Days 6–10: Intermediate Phase

Day 6 · Trends & Trendlines (≈ 3.5 hrs)

Morning (1 hr): Reread Week 2, Lecture 1.

Afternoon (2 hrs): TASK — Identify an uptrend and a downtrend on EURUSD daily. Draw trendlines. Screenshot.

Evening (30 min): Explain out loud: "An uptrend is... A downtrend is..."

Day 7 · Candlesticks & Reversals (≈ 3 hrs)

Morning (1 hr): Reread Lecture 2.

Afternoon (2 hrs): TASK — Identify 2+ reversal patterns on any pair. Label and screenshot.

Bonus: One paragraph: which reversal pattern was easiest to spot, and why?

Day 8 · Indicators: the 50 EMA (≈ 3 hrs)

Morning (1 hr): Reread Lecture 3.

Afternoon (1.5 hrs): TASK — Insert the 50 EMA on EURUSD 4-hour. Screenshot and write your trend analysis.

Evening (30 min): Write: "Based on the 50 EMA, EURUSD is currently in a [UPTREND/DOWNTREND]."

Day 9 · Your First Real Setup (3+ hrs)

Preparation: Reread all Week 2 lectures.

Action: TASK — Execute a demo trade using 50 EMA + support/resistance confluence:

- Identify the trend with the 50 EMA
- Identify the support or resistance level
- Wait for price to approach the level
- Place the trade: 0.01 lots, 20–30 pip stop, 40–60 pip target
- Screenshot the terminal and chart, and document your analysis

Day 10 · Monitoring & Consolidation

Throughout the day: Monitor your Day 9 trade. Do NOT panic-close.

If it closes: TASK — Review your first trade. Screenshot and write your analysis.

Evening (30 min): Write a full summary of your first 10 days.

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End of Week 2 Achievement

- ★ Trend identification
- ★ Candlestick reading
- ★ Indicator implementation
- ★ First demo trade executed
- ★ Trade journal started

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CHAPTER 3 · YOUR 14-DAY ACTION PLAN

Days 11–14: Practice & Refinement

Day 11 · Review & Adjust (≈ 3 hrs)

Morning (1 hr): Review ALL 10 days of work. What worked? What didn't?

Afternoon (1.5 hrs): Plan 3 practice setups — 1 buy on EURUSD, 1 sell on AUDUSD, 1 on any other pair. Document trend, level, entry, stop loss, and take profit for each.

Evening (30 min): Execute only the setups you're highly confident in.

Day 12 · Execute More Trades (2–3 hrs)

Execute 1–2 more demo trades with the same framework: trend + S/R level + entry signal. Document each.

Rule: No more than 2–3 trades per day. Quality over quantity.

Evening (30 min): Screenshot all open trades.

Day 13 · Monitor & Learn (1–2 hrs)

Check open trades and let them run. For each trade that closed, write: "This trade worked/failed because... Next time I'll..."

Day 14 · Final Assessment & Graduation (≈ 3 hrs)

Morning (1 hr): Close any remaining trades. Calculate total trades, wins, losses, win rate, net pips, and net USD.

Afternoon (2 hrs): Write your Final 14-Day Report:

- Total trades and win/loss statistics
- Your most reliable setup
- Your 3 most important lessons
- Biggest challenge and how you overcame it
- Mistakes and what you'll do differently
- Your plan for the next 7 days
- Confidence level (0–10), and whether you're ready for live trading — and why

14-Day Sprint Complete

You studied the foundation. You identified patterns. You placed trades. You experienced wins and losses. You kept a journal. You showed up every day.

The chancers quit. You stayed.

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ACCOUNTABILITY PROGRAMME



Day 14 is where most traders stop. Don't.

Mazwistar's **accountability programme** keeps you journalling, reviewing and showing up long after this sprint ends.

Join the accountability programme

CHAPTER 4 · MINDSET & GLORY RULES

The Brutal Truth About Money & Emotions

You can memorise every chart pattern in the world and still lose money if your mind isn't right. **Technical knowledge gets you in the game; psychological discipline keeps you in it.**

The Two Enemies: Fear and Greed

Fear — when your trade is losing, you panic and close too early (or move your stop).

Greed — when your trade is winning, you hold too long and get reckless.

Both will destroy your account.

The CMTC Rule: Treat Every Trade Like a Business Transaction

A business owner doesn't panic when a deal goes wrong or get greedy when it goes right. They have a plan, execute it, and move to the next deal. **You must be the same.**

The Five Rules for Survivors

Rule 1 — Risk only what you can afford to lose. If you're trading with rent money, you've already failed.

Rule 2 — Risk 1–2% per trade, maximum. On a $10,000 account, that's $100–$200 per trade. Size your lots to your stop loss, not the other way around.

Rule 3 — Never add to losing positions. When price hits your stop, accept the loss. Do NOT "average down."

Rule 4 — Follow the system, not the emotion. Trend (50 EMA) + support/resistance + entry signal. All three align: you trade. Otherwise: you don't.

Rule 5 — Treat losses as data, not shame. Review. Learn. Document. Move on.

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The CMTC Glory Rules

- ★ Risk only what you can afford to lose
- ★ Risk 1–2% maximum per trade
- ★ Your stop loss is SACRED
- ★ Take only high-probability setups
- ★ Never add to losing positions
- ★ Trade with a system, not emotion
- ★ After a loss, STOP trading for the day
- ★ Keep a trade journal — and review it weekly
- ★ Profits are just scorekeeping. Consistency is the goal.

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CHAPTER 4 · MINDSET & GLORY RULES

Mind-Shifts That Separate Warriors From Chancers

Shift 1: From "Making Money" to "Avoiding Losses"

Beginner: "How do I make $1,000 this month?" **Warrior:** "How do I NOT lose money this month?"

The paradox: when you focus on protecting capital, the profits take care of themselves.

Shift 2: From "Perfect Analysis" to "High-Probability Setups"

Beginner: "I need to predict price perfectly." **Warrior:** "I need setups with an edge, repeated many times."

You will never predict perfectly. But with a positive edge and disciplined risk, the numbers work for you over a large sample of trades.

Shift 3: From "Revenge Trading" to "Patience"

Beginner: "I lost $50. I need to make it back RIGHT NOW." **Warrior:** "I lost $50. I'm done for today."

After a loss, your judgement is impaired. Close MT4 and walk away.

Shift 4: From "Hot Hand" to "Variance"

Beginner: "Three wins in a row — I'm unstoppable!" **Warrior:** "Streaks happen both ways. Same size, same rules."

Shift 5: From "Shortcuts" to "Systematic Mastery"

Beginner: "There's a magic indicator that wins 90% of the time." **Warrior:** "There's no holy grail — only consistent execution."

The path to profitability is boring: follow your system, risk 1–2%, take only high-probability setups, journal every trade, review your losses, improve a little each month — and do this for 6–12 months.

The Trade Journal: Your Most Important Tool

Most traders skip this. The profitable ones don't. For every trade, record:

- Date and time of entry, currency pair, direction
- Entry price, stop loss, take profit, and position size
- Exit price and profit/loss
- **Why you took the trade**
- **What you learned — and whether you'd take it again**

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Review weekly. **Over time you'll see that your best trades come from key levels in confirmed trends.**

CMTC REFRESHER



Already a CMTC graduate?

Rules fade without practice. **CMTC Refresher** brings you back to the system and sharpens your discipline.

See CMTC Refresher

CLOSING

You Now Hold the Map — Choose Your Path

For the last time, let me be brutally honest: **this 14-day sprint is just the beginning.** Most people who start this book quit within 3 days. **The chancers exit here.**

If you're reading this, you studied, identified patterns, placed your first trades, journalled, and showed up every day for 14 days. **You are no longer a beginner. You are a trader in training.**

Three Roads From Here

Path 1 — Stop here. Go back to business as usual. Most people choose this.

Path 2 — Continue alone. Many who choose this plateau or blow an account.

Path 3 — Get real education. Deepen what you've learned with mentorship, structure, and accountability.

The Mazwistar Programme Ladder

START · FREE

Telegram Channel & Free Ebooks

Lessons, short ebooks and updates from the Financial Wizard.

DECIDE

Program Finder & Clarity Call

Find the right programme for your level, or talk it through one-on-one.

LEARN · YOUR PACE

CMTC Self Study

Work through the CMTC material on your own schedule.

FLAGSHIP · ONE-ON-ONE

CMTC — Capital Markets Trading Course

Private, one-on-one training with Mazwi Magagula.

SHARPEN

CMTC Refresher

For CMTC graduates returning to the system.

NEXT LEVEL

FTAP

See mazwistar.com for full details and to check if it's your next step.

STAY CONSISTENT

Accountability Programme

Ongoing check-ins that keep you journalling, reviewing and improving after the sprint.

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The Real Question

Can you afford to stay a beginner indefinitely? Can you afford to blow another account alone? Can you afford to spend 6 months figuring out what could be taught in weeks?

EXPLORE ALL PROGRAMMES →

mazwistar.com/#programs

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RESOURCES

Glossary

Ask price
The price at which you can buy. Slightly higher than the bid.

Bid price
The price at which you can sell. Slightly lower than the ask.

Candlestick
Visual representation of open, high, low, and close over a period.

Close
The final price of a trading period.

Daily chart
Each candle represents one full trading day.

Downtrend
Price making lower highs and lower lows.

Entry point
The price where you open a trade.

Hammer
Small body, long lower wick, after a decline. Bullish signal.

Indicator
Calculation applied to price data to confirm trends or momentum.

Long
A buy position; you profit if price rises.

MT4
MetaTrader 4, a widely used forex trading platform.

Bearish
Downward price movement; sellers in control.

Bullish
Upward price movement; buyers in control.

Chart pattern
A recognisable price formation (W, M, etc.) that hints at the next move.

Confluence
Multiple signals aligning, e.g. support + 50 EMA + reversal candle.

Doji
Candle with almost no body; signals indecision.

EMA
Exponential Moving Average — weights recent prices more heavily.

Forex
Foreign exchange: trading one currency for another.

Hanging man
Hammer shape at the top of an uptrend. Bearish warning.

Leverage
Borrowed exposure — magnifies both gains and losses.

Lot
Unit of trade size. 1 standard lot = 100,000 units.

Pip
Standard unit of price movement: 0.0001 on most pairs, 0.01 on JPY pairs.

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Position size
How many lots you trade.

Reversal
A change in price direction.

Shooting star
Small body, long upper wick, after a rally. Bearish signal.

Stop loss
The price where your trade closes if you're wrong.

Take profit
The price where your trade closes if you're right.

Trendline
A line connecting rising lows (uptrend) or falling highs (downtrend).

Volume
How much trading activity occurred in a period.

Resistance
A price level where sellers push price down; a ceiling.

Short
A sell position; you profit if price falls.

Spread
The gap between bid and ask — a cost on every trade.

Support
A price level where buyers push price up; a floor.

Trend
The general direction of price: up, down, or sideways.

Uptrend
Price making higher highs and higher lows.

Wick
Thin line above/below a candle body showing the high and low.

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RESOURCES

Appendices

A. Demo Account & MT4 Setup Checklist

Demo account (HFM, formerly HotForex — or any regulated broker)

☐ Go to the broker's website and click "Open Demo Account"

☐ Verify your email and complete registration

☐ Choose the MT4 platform, USD base currency, 1:100 leverage

☐ Save your account number, password and server in a password manager

MT4 installation

☐ Download MT4 from your broker and install it

☐ Log in with your demo account number, password and demo server

☐ Confirm prices are moving in Market Watch

Chart setup

☐ Open EURUSD on the 4-hour timeframe in candlestick mode

☐ Insert the 50 EMA

☐ Repeat for AUDUSD

Practice order entry (do not execute)

☐ Right-click EURUSD → New Order

☐ Volume 0.01 · Stop Loss 20 pips · Take Profit 40 pips

☐ Screenshot, cancel, and repeat twice more

B. Next Steps After 14 Days

Days 15–30 · Consolidation: Execute 20–30 more demo trades. Build your journal and look for patterns in your wins and losses.

Days 31–60 · Live preparation: Back-test your system on historical data. Refine your trading plan (CMTC Self Study is built for this stage). Only then consider a small live account at micro-lot size.

Days 61–90 · Optimisation: Keep the setups that work, drop the ones that don't. Book a clarity call or enrol in the CMTC to accelerate.

Months 4–6 · Consistency & scaling: Join the accountability programme. Grow position size gradually, and only after a sustained profitable record — while never exceeding 1–2% risk per trade.

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C. The Mazwistar Difference

Without guidance: you plateau, don't know why, and risk quitting.

With a Mazwistar programme: you identify gaps, close them with expert feedback, and build consistency.

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CLOSING

Final Words

You came here with zero trading knowledge.

You leave with an understanding of how markets work, the ability to read price action, a clear trading framework, and your first trades executed.

The 14 days were hard. The work was real. Your effort was real.

Most people will never do what you just did. Most will never even try.

But you showed up. You learned. You executed. You failed sometimes. You succeeded sometimes. You kept going.

That's the warrior mindset.

Now go build something legendary.

— The Financial Wizard™

Mazwistar.com

Your 14-Day Sprint Is Complete

Your real trading career is just beginning. The next chapter is written by you.

EXPLORE MAZWISTAR PROGRAMMES →

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Professional Trading Education

Mazwistar is home to the Financial Wizard™ and the Capital Markets Trading Course™ — structured trading education for serious beginners and returning traders.

EXPLORE PROGRAMMES

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